

# NORTH HAMPSHIRE ROAD CLUB.

## North Hampshire Road Club 10 Miles Time Trial.

For and on behalf of Cycling Time Trials under its rules and regulations.

**Saturday 25<sup>th</sup> May 2019**

**Time of Start 14:00**

**Event Secretary:** Michael Harrison  
32 Wharf Road, Wraysbury,  
Middlesex.  
TW19 5JQ  
Mobile 07815 734691  
Please use my mobile number on the day  
Email- [mj.harrison32@gmail.com](mailto:mj.harrison32@gmail.com)

**Timekeepers:** Maggie Smith, North Hampshire RC  
Maria Golden, A3crg

**Event Headquarters: Bentley Memorial Hall,  
Alton Rd, Bentley GU10 5NB  
Open from 12.30.**

### IMPORTANT NOTES

- **Please respect the local residents of Bentley by parking considerately.** Do not park on the road near the headquarters, even for a short period of time. Please adhere to the guidance on the parking diagram included. If we receive complaints, we may lose Bentley Memorial Hall as an option for the HQ. This could potentially mean the end of up to 20 open events on the course during the year.
- Please **respect** the volunteers from NHRC and the timekeepers who are giving up their time to help out.
- Please sign on and collect your numbers from the headquarters.
- Position your main number so that it is visible from the rear when in the racing position.
- This event **may be subject to a Doping Control** - It is your responsibility to check by returning to the HQ and signing in as soon as possible after you finish.
- **No cleats or bikes in in the hall.**
- Please allow at least 10 minutes to get to the start.
- The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. Anyone seen doing so will be disqualified from the event.
- **Head-down riding kills** – if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers, shall be parked at the start or finish

### ADDITIONAL NOTES

Car parking is available at the HQ and in the lay-bys past the finishing point.



- Please park considerably on these roads
- Please DO NOT PARK on these roads

## LONDON WEST DC

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerably and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate

## DISTRICT REGULATIONS

No vehicles, except those of the timekeepers', shall be parked at the start or finish.

Riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

## Additional notes

To reach the Headquarters at the Bentley Memorial Hall riders must only cross over to the other side of the A31 by using one of the breaks in the central reservation provided for that purpose. Any person associated with the event that is observed crossing to the other side by any other means will be reported to the police and the London West District Committee of the CTT.

To reach the start from the headquarters in Bentley, go eastwards through the village to join the A31 to cross to the right hand lane after 850 yards (there are lane markings) and cross over to the south side of the A31 at the Gravel Hill road junction and continue for 760 yards to the lay-by start point.

After finishing, riders must not stop but continue to one or other of the central reservation breaks, cross over with great care and go westwards and along the Bentley By-pass to fork left onto the slip road signposted 'BENTLEY'. Go right at the 'T' junction and the Bentley Memorial Hall is ahead of you.

## IN THE INTEREST OF YOUR OWN SAFETY

In the interest of your safety, *Cycling Time Trials* and the promoter strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

## Prize List.

### Men

**1<sup>st</sup> £30.00**  
**2<sup>nd</sup> £20.00**  
**3<sup>rd</sup> £10.00**

### Ladies

**1<sup>st</sup> £30.00**  
**2<sup>nd</sup> £20.00**  
**3<sup>rd</sup> £10.00**

### Junior/Juvenile

**1<sup>st</sup> £30.00**

### Vet on Standard

**1<sup>st</sup> £30.00**  
**2<sup>nd</sup> £20.00**  
**3<sup>rd</sup> £10.00**

**1<sup>st</sup> Team of 3**  
**£10 per rider**

**£10 prize for 10<sup>th</sup>, 20<sup>th</sup>, 30<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup> & 60<sup>th</sup> positions**

## COURSE H10/8 BENTLEY

OS Ref		Distance
796442	START at a point in the lead out onto the A31 from the lay-by on the South side at the commencement of the Bentley by-pass, approximately 800 yards West of the Bull Public House on the North side of the A31 and 5 yards beyond the last but one drain grating and 25 yards short of the large road direction sign marked "BENTLEY 1/2m"	0.000
736403	Proceed (care) to join the A31 and continue to go Westwards along the Bentley by-pass through Froyle to the Holybourne roundabout (Turn)	4.702
802443	Circle the roundabout (M2, M3, M4) and take the third exit back on to the A31 to retrace, going through Froyle and along the Bentley by-pass to a point 10 yards beyond the concrete end of a water culvert on the North side and 63 yards short of the Gravel Hill Road minor crossroads and 163 yards short of The Bull to where FINISH	10.000
	(Distance between start and finish is 697 yards)	

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
1	14:01:00	Gavin	Draper	North Hampshire RC	Male	Veteran
2	14:02:00	Colin	Gray	Norwood Paragon CC	Male	Veteran
3	14:03:00	Peter	Horsfield	Redmon CC	Male	Veteran
4	14:04:00	Chris	Summers	Sotonia CC	Male	Veteran
5	14:05:00	Steve	Legg	...a3crg	Male	Veteran
6	14:06:00	Andrew	Payne	Maidenhead & District CC	Male	Veteran
7	14:07:00	Stuart	Hourigan	34 Nomads CC	Male	Veteran
8	14:08:00	John	Froud	Festival Road Club	Male	Veteran
9	14:09:00	Barrington	Day	Fareham Wheelers CC	Male	Veteran
10	14:10:00	James	Fawcett	...a3crg	Male	Veteran
11	14:11:00	Richard	Moore	Velo Club Godalming & Haslemere	Male	Veteran
12	14:12:00	Mark	Thomas	Bigfoot CC	Male	Veteran
13	14:13:00	Joanna	Wells	Hounslow & District Whs	Female	Veteran

14	14:14:00	Pippa	O'brien	RT PODA	Female	Veteran
15	14:15:00	James	Fox	Velo Club Venta	Male	Senior
16	14:16:00	Jason	Davies	Royal Air Force Cycling Association	Male	Veteran
17	14:17:00	Neal	Beauchamp	Rapha Cycling Club	Male	Senior
18	14:18:00	John	Wootton	Lee Valley Velo	Male	Veteran
19	14:19:00	Louise	Duncan	34 Nomads CC	Female	Veteran
20	14:20:00	Paul	Burton	Paceline RT	Male	Senior
21	14:21:00	Ragnar	Laan	Twickenham CC	Male	Veteran
22	14:22:00	Nick	Mccormick	Epsom CC	Male	Veteran
23	14:23:00	Kate	Wootton	Lee Valley Youth CC	Female	Junior
24	14:24:00	Catherine	Pascoe	New Forest CC	Female	Veteran
25	14:25:00	Simon	Church	trainSharp	Male	Veteran
26	14:26:00	John	Sellars	London Phoenix CC	Male	Veteran
27	14:27:00	Cliff	Voller	Newbury RC	Male	Veteran
28	14:28:00	Sandra	Burrows	Vive Le Velo	Female	Veteran
29	14:29:00	Michael	Stanley	Bath Cycling Club	Male	Veteran
30	14:30:00	Andy	Langdown	Blazing Saddles	Male	Veteran
31	14:31:00	Philip	Watts	North Hampshire RC	Male	Veteran
32	14:32:00	Jennifer	Allum	TORQ Performance	Female	Senior
33	14:33:00	John	Allen	Redmon CC	Male	Veteran
34	14:34:00	Terry	Hudson	Westerley Cycling Club	Male	Senior
35	14:35:00	Charlie	Bailey	Hillingdon Slipstreamers	Male	Junior
36	14:36:00	Marcus	Edwards	Kingston Phoenix RC	Male	Veteran
37	14:37:00	Stuart	Carver	North Hampshire RC	Male	Veteran
38	14:38:00	Steve	Davies	Addiscombe CC	Male	Veteran
39	14:39:00	Brian	James	Brighton Mitre CC	Male	Veteran
40	14:40:00	Simon	Mcnamara	South Downs Bikes / Casco Pet	Male	Veteran
41	14:41:00	David	Triska	Team Bottrill	Male	Senior
42	14:42:00	Alex	Franks	Hillingdon Slipstreamers	Male	Juvenile
43	14:43:00	Nicholas	Cosgreave	Farnborough & Camberley CC	Male	Veteran
44	14:44:00	Rachel	Green	Cheltenham & County Cycling Club	Female	Veteran
45	14:45:00	Tim	Lynch	Aspire Velo Racing Team	Male	Senior
46	14:46:00	John	Dowling	Hemel Hempstead CC	Male	Veteran
47	14:47:00	Richard	Payn	34 Nomads CC	Male	Veteran
48	14:48:00	Martin	Scofield	VTTA (Surrey/ Sussex)	Male	Veteran
49	14:49:00	Bob	Loader	Sydenham Whs	Male	Veteran
50	14:50:00	Nick	English	AeroCoach	Male	Veteran
51	14:51:00	Robert	Taylor	Army Cycling	Male	Senior
52	14:52:00	Tom	Cosgrove	VTTA (London & Home Counties)	Male	Veteran
53	14:53:00	Jorj	James	Maidenhead & District CC	Male	Veteran
54	14:54:00	Jackie	Dodd	Kingston Phoenix RC	Female	Veteran
55	14:55:00	Mark	Woolford	Team Swindon Cycles	Male	Veteran
56	14:56:00	Nicolas	Stagg	Hounslow & District Whs	Male	Veteran
57	14:57:00	Chris	Aitken	Thames Valley Triathletes	Male	Veteran
58	14:58:00	Tim	Higgs	Velo Club Venta	Male	Senior
59	14:59:00	Les	Gardner	Maidenhead & District CC	Male	Veteran
60	15:00:00	Liam	Maybank	Twickenham CC	Male	Veteran
61	15:01:00	Peter	Garnett	Swindon Road Club	Male	Veteran
62	15:02:00	Stuart	Gourley	Radeon-Cycology RT	Male	Senior
63	15:03:00	Richard	Williams	Farnham RC	Male	Veteran
64	15:04:00	Duncan	Folkes	Kingston Phoenix RC	Male	Veteran
65	15:05:00	Angus	Macinnes	Royal Air Force Cycling Association	Male	Veteran
66	15:06:00	Chris	Newberry	Redhill CC	Male	Senior
67	15:07:00	Andrew	Murray	Festival Road Club	Male	Veteran

